

**TWELFTH EUROPEAN
CONFERENCE ON VIOLENCE IN
CLINICAL PSYCHIATRY,
ROTTERDAM, NL 10/6-10/8/22**

**PREVENTION OF PSYCHOTIC MURDERS:
CONSIDER SEVERE BIPOLAR DISORDERS;
A ROLE FOR MENTAL HEALTH**

**C. RAY LAKE, M.D., PH.D.
PROFESSOR EMERITUS
UNIVERSITY OF KANSAS HEALTH SYSTEM,
KC, KS**

GOALS OF PRESENTATION

- **REDUCE DEATHS BY PSYCHOTIC MASS KILLERS**
- **ID THOSE AT RISK FOR MASS MURDER: RECOG PSYCHOTIC BIPOLAR, MANIA, OR DEPRESSION**
- **PSYCHOTIC BP.....NOT SZ**
- **CORRECT DX...CORRECT RX: 3 MOOD RX + SGA**
- **GUN CONTROL IN U.S. [IMPOSSIBLE]**

MOST LIKELY VICTIMS OF PSYCHOTIC MURDERERS

- THE PSYCHOTIC INDIVIDUALS THEMSELVES**
 - FAMILY AND FRIENDS**
 - STRANGERS**
 - THEIR MENTAL HEALTH WORKERS**
 - POLITICAL AND OTHER LEADERS**

HEALTH CARE PROVIDER RISK OF NON-FATAL VIOLENCE

PROFESSION

ANNUAL CRIME RATE/1000 WORKERS

• ALL WORKERS	13
• DOCTORS	16
• NURSES	22
• MENTAL HEALTH WORKERS	68

EPIDEMIOLOGY OF PSYCHOTIC MASS MURDERERS IN US (1 of 5)

- U.S.: OLYMPIC GOLD FOR # GUNS; # GUN DEATHS**
- 3.3% OF U.S. SUFFER SEVERE MENTAL ILLNESS**
- 14% OF SEVERELY MENT ILL COMMIT VIOLENCE/YR**
- PSYCHOSIS: A MAJOR PREDICTOR OF VIOLENCE**
- ALCOHOL DOUBLES RISK**

EPIDEMIOLOGY CONT (2 of 5)

- **AVG 20 MASS MURDER INCID/YR IN U.S.; 2022 PROJECT 32**
- **AVG 10 KILLED/INCIDENT (VEGAS, 58 DEAD, 700 INJ; \$600 M)**
- **MEAN AGE 32.5; 80-90% SINGLE CAUCASIAN MALES**
- **PSYCHOTIC KILLERS KILL WHEN MANIC OR DEPRESSED**
- **PSYCHOTIC MASS KILLERS DIFFER FROM NON-PSYCHOTIC**

PSYCHOTIC V NON-PSYCHOTIC MASS KILLERS (3 of 5)

1. ACT ALONE
2. KILL IN NUMBERS
3. VICTIMS INNOCENT
(CHILDREN), SEEMINGLY
CHOSEN AT RANDOM
4. GRANDIOSE, PARANOID
DEL (> 50%) DEFINE A
PSYCHOTIC MOOD D/O
5. KILL IN DAYLIGHT (90%)
6. DO NOT TRY TO ESCAPE (87%)
7. SUICIDED (35-50%)
8. NOT INTOX, RADICAL, IN GANG
9. SING, CAUC, MALE, EDUC, UNEMP
10. PAST SUCCESSES (24%)
11. WARNINGS/MAKE PLANS (75%)
12. KNOW KILLING IS ILLEGAL
13. BELIEVE KILLING BEST CHOICE...
NECESSARY TO SAVE WORLD
14. SEND MASSIVE GRANDIOSE E-
MAILS TO MEDIA, GOV LEADERS
15. PRIOR CONTACT W/ LAW (32%)
& MHP (50-87%, MISDX SZ)
16. RECENT DETERIORATION

WHY PSYCHOTIC MANIA? (4 of 5)

- **MEDIA THOROUGH, OFTEN REVEAL MANIC PSYCHOSIS**
- **DIAGNOSTIC ARE: GRANDIOSE, PARANOID DELUSIONS, BIZARRE, INAPP BEHAVIORS + SPECIFIC SX**
- **HIGH PROFILE TARGETS (PRESIDENTS, POLITICIANS, GOV BLDGS, STARS) DEFINE MANIC GRANDIOSITY/PARANOIA**
- **CASE EXAMPLES AVAILABLE UPON REQUEST**
- **PSYCHOTIC MANIC MASS MURDER HAS 2,000-YR HX**

MANIC PSYCHOTIC MASS MURDER IN 150 CE (5 of 5)

**“The patient who previously was gay, euphoric, hyperactive [manic], suddenly has melancholy, is sad, complains about his future, feels ashamed. When the depression is over, he goes back to being gay, laughs, jokes, sings, shows off in public as if returning victorious from the games; sometimes he laughs and dances all day and all night. Sometimes [the manic patient] kills and slaughters the servants.”
(Goodwin and Jamison, 1990, after Aretaeus)**

MANIC PARANOID/GRANDIOSE DELUSIONS OF PSYCHOTIC KILLERS (1 OF 2)

PSYCHOTIC KILLER

- **ALEXIS** (K 8, DC, 9/16/13)
- **REINKING** (K 4, TN, 4/22/18)
- **HINCKLEY** (W4, DC, 3/30/81)
- **LOUGHNER** (K 6, W 13 AZ, 1/8/11)
- **CHO** (K 32, VA TECH, 4/16/07)
- **CHAPPEL** (K 1, MSW, MA, 1/11)

FAMOUS PERSON

- **US NAVY**
- **TAYLOR SWIFT, TRUMP**
- **REAGAN, JODIE FOSTER**
- **CW GIFFORDS**
- **BUSH, CHENEY, PUTIN, JC**
- **OBAMA**

MANIC PARANOID/GRANDIOSE DELUSIONS OF PSYCHOTIC KILLERS (2 OF 2)

- **HOLMES** (K 12, W 58, CO 7/20/12)
- **DU PONT** (K 1 FD, PHILLY 1/2/96)
- **BRIEVIK** (K 77, W ?, OSLO 7/22/11)
- **CAREY** (W 1, DC 10/3/13)
- **QUICK** (W 14, HOUSTON 4/9/13)
- **BEDELL** (W 2, PENTAGON DC 3/4/10)
- **WESTON** (K 2, US CAP, DC 7/24/98)
- **JOKER/BATMAN**
- **CIA, DALAI LAMA, CZAR**
- **REGENT OF NORWAY**
- **OBAMA**
- **HANNIBAL LECTER**
- **MESSAGES FROM RADIO**
- **CLINTON, CIA, SEALS**